



C-Herb & C-4 Cream

A Private Association Membership

Instructions for Topical Use of C-Herb

Warning: Do not touch C-Herb with metal. Store in a cool, dark place. A one gram vial of C-Herb will remove 4 to 5 moles when used properly. Apply sparingly.

For removing moles, warts and many other types of skin abnormalities, you may find that C-Herb works well. Some discolored spots may not be affected. C-Herb only works on abnormal tissue and causes no reaction on normal tissue, unless that tissue is adjacent to abnormal tissue. If you apply to a questionable area and nothing happens (unless it is a wart), then it probably isn't anything to worry about.

For at least 3 days prior to using C-Herb, apply a small amount of Silver Salve (Aloe and Silver) to the area on which you plan to use C-Herb. This prepares the tissue and reduces scarring. **Caution: Work with only 1 mole or treatment area at a time.**

For Use on Moles

Generally, apply a very small amount of C-Herb on the mole or tissue that you want to remove. **Do not overuse C-Herb.** A very light layer of C-Herb over the tissue being treated once a day is sufficient. Cover with a bandage to hold it in place. Usually you will experience some "tingling" sensation within a few minutes of applying the herb.

After 24 hours, remove the bandage and wash or shower the area if desired. Apply a second application of C-Herb as per day 1. This will usually produce a "pinking" of the surrounding tissue. Continue this daily application for up to 5 days. However, stop applying C-Herb when a white infection ring appears, or the whole area turns white and looks infected. Do not be alarmed, as this is normal and is the white blood cells that have destroyed the abnormal cells. Do not tug on the tissue during this process or you may cause the body to abort the process too early, leaving some abnormal cells intact.

After the white ring appears (after 5 days) please stop using the C-Herb. It may be helpful to apply Silver Salve (Aloe Vera and Silver) lightly over the pink tissue outside of the white ring to speed up healing. After a few days, the "core" of the tissue will fall out, leaving a small smooth, pink crater. Apply a light coat of Silver Salve to this crater twice daily, being careful to rub gently into the cratered area and surrounding tissue. Normally these craters fill in within 10 to 14 days.

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For Use on Warts

Warts require the tough, callous-like tissue on top to be scraped off before applying C-Herb. Once down to the "pink" flesh of the wart, apply C-Herb as described above. **NOTE:** Often a wart will turn completely white and be very sore. When the wart has turned white or looks infected, you may want to gently lance it with a sterile needle. Then gently press the sides of the wart until a "seed" comes out of the center and the pain will stop almost immediately. Another way to effectively remove warts is to use 35% food grade hydrogen peroxide. This method leaves no mark and is superior to C-Herb. For instructions on doing this, please call our office.

Pain Control

Usually C-Herb does not cause a lot of discomfort. However, certain areas of the body or certain applications may be very painful. We have found that two essential oils, Melrose Oil and Helichrysum, are very useful in controlling this pain. Apply either essential oil to the inflamed tissue as often as needed to control the pain. Be careful when using near the eyes.

C-Herb & C-4 Cream

C-Herb has the ability to activate the immune system's Natural Killer cells, which have the ability to strip away the protein shells that viruses use to hide from the immune system. These activated NK cells then mark the virus or abnormal cells for destruction, whether it is done by the NK cells themselves or the white blood cells that follow.

Instructions for Oral Use of C-Herb

Take C-Herb WITH FOOD, not on an empty stomach. Drink at least 64 ounces of water daily. If nausea is experienced, cut the dose in 1/2 and take twice daily.

C-Herb can be taken with unsweetened juices (vegetable or fruit), or with a spoon full of applesauce, peanut butter, etc. It may also be placed in a capsule.

Because of its unique ability to strip away proteins, it is difficult to package C-Herb in capsules. However, capsules may be used to take C-Herb as long as they are prepared within a few minutes of being taken. Capsules will break down quickly after C-Herb is placed inside.

A typical treatment is one dose (1/4 gram) daily for a minimum of 21 days. If the condition is judged to require more treatment it is recommended that one take a rest day between each 21 days of consumption. A person with cancer or an auto-immune disorder may take C-Herb for several straight months if desired, taking a day off every 14 days.

When you are ready to end taking C-Herb it is suggested that a taper off period be used. After the 21st day skip a day and take a dose on the 23rd day. Skip 2 days and take another dose on the 26th day. Now skip 3 days and take the final dose on the 30th day.

Instructions for Use of C-4 Cream

C-4 Cream is a combination of Replenishing Cream and C-Herb. This formulation works with topical skin disorders that are too large to treat with C-Herb directly or for blisters like Herpes.

Apply C-4 cream twice daily to the area. Apply lightly and rub into the offending tissue. Applying a bandage over the area helps keep the cream from being rubbed off as quickly. Treatment can go on for several weeks this way.

Typically C-4 cream will reduce the size of the affected area. For example, a skin cancer might be the size of a quarter or even larger before applying C-4 cream, as discussed previously. After a time, the area may shrink to the size of a pencil eraser with this treatment. At that time, best results will be achieved if C-Herb is applied to this core area.

Warning: When applying C-Herb to an area that has been treated with C-4 cream, it is wise to remember that this area is highly stimulated and immune activity is already at a premium. Caution should be used in applying C-Herb carefully to the area (not excessively), so a larger, more painful cavity does not result.

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