

Instructions to Make Pawpaw Tea From Powdered Bark Only

- Bring to a boil two quarts and ½ cup of water. Turn heat off and let water sit for 5 minutes. Add 4 tablespoons of Pawpaw to this water. Allow steeping or soaking for 8 hours (overnight). Pour entire mixture through a strainer to remove the Pawpaw.
- For the first day you can leave tea out of refrigerator and drink at room temperature. After first day store in refrigerator.
- Drink tea in three divided doses (8 ounces) morning, noon, and night.
- The benefit of the tea is even greater if you sip tea regularly throughout the day, therefore keeping a continual level in your system. Complete all tea before bedtime.
- If you must be away from home during the day, put the quantity needed into a thermos and take it with you.
- In order for the chemicals from the tea to be as functional as possible, it is important to make tea fresh every other day. Or if you so choose you can make one quart every day for maximum potency. Since I consider sun tea the best, this would be most easily made every other day since sun availability is not always a guarantee. Making larger quantities that would last in the refrigerator several days is not recommended.
- Never reheat tea in microwave due to the fact that it destroys all active compounds in the tea. If you prefer tea warmed, do so in a saucepan on the stovetop and only heat to slightly above body temperature, meaning do not boil it as this will destroy it.

Reminders

- Do not boil water with pawpaw in the water as it only takes 15 seconds of boiling to begin to destroy the cancer killing compounds. After boiling five minutes the tea is almost worthless.
- Do not quick chill tea, let naturally come to room temperature before refrigeration.
- Never, never skip a day of consuming tea; consistency is imperative to achieve desired results. Do not skip a cup during a 24 hour period. To effectively fight cancer you must have the cancer-killing compounds of the tea in your blood-stream twenty four hours a day, seven days a week for seven months.
- To preserve potency store Pawpaw powdered bark in freezer at all times in Ziplock bag, take out as needed.