

Manufacturers of Hypo-allergenic Nutritional Supplements



# INTRODUCED 1997 (Neuromins<sup>™</sup>) and 2010 (DHA liquid)

#### What Is It?

Neuromins<sup>™</sup> and DHA liquid contain vegetable sourced docosahexaenoic acid (DHA), an essential omega-3 fatty acid. While most DHA is obtained from fish oils, vegetable derived DHA is extracted from microalgae, the fish's original food source, under tightly controlled food manufacturing conditions.\*

### **Uses For Neuromins**<sup>™</sup>

Healthy Neural And Visual Development: Docosahexaenoic acid (DHA), an omega-3 long chain polyunsaturated fatty acid, is the building block of brain tissue. It is the primary structural fatty acid in the gray matter of the brain and retina of the eye. DHA is an essential nutrient for eye development and for mental and visual function. Humans obtain DHA from their diets, initially through the placenta and from breast milk. DHA is commonly added to infant formula in Japan and Europe. Clinical trials of supplementation with Neuromins<sup>™</sup> in healthy vegetarians have shown an increase in serum DHA and EPA levels.\*

#### What Is The Source?

DHA in Neuromins<sup>™</sup> and DHA liquid is extracted from microalgae. Vitamin E and mixed tocopherols are derived from purified soybean oil. Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil. The proprietary antioxidant blend (DHA liquid) is a combination of vitamin E (purified soybean oil) and ascorbyl palmitate (corn dextrose fermentation and palm oil). Vegetable gelatin capsules (Neuromins 100 mg and Neuromins 200 mg) are derived from corn starch.

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## **Recommendations**

Pure Encapsulations recommends 100–300 mg DHA per day, with a meal; 200 mg daily is especially recommended for pregnant and lactating women.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

# Are There Any Potential Side Effects Or Precautions?

At this time, there are no known side effects or precautions.

# Are There Any Potential Drug Interactions?

At this time, there are no known adverse reactions when taken in conjunction with medications.

Neuromins™ 200 mg.

each softgel capsule contains V 10 Sg
calories
other ingredients: algal oil, modified corn starch, glycerin, high oleic sunflower oil, water, carrageenan, sorbitol, ascorbyl palmitate and tocopherols (antioxidants), natural flavor, sunflower lecithin, beta-carotene and caramel (coloring)
1 capsule per day, with a meal.

This high potency formula is recommended for pregnant and lactating women.

Neuromins<sup>™</sup> 100 mg.

each softgel capsule contains 🛛 V 10 SG
calories
calories from fat5 total fat0.5 g
DHA (docosahexaenoic acid)
other ingredients: algal oil, modified corn starch, glycerin, high oleic sunflower oil, water, carrageenan, sorbitol, ascorbyl palmitate and tocopherols (antioxidants), natural flavor, sunflower lecithin, beta-carotene and caramel (coloring)
1 capsule per day, with a meal.

#### DHA liquid

1 ml (0.03 fl oz) provides V
calories
total fat
sunflower lecithin, proprietary antioxidant blend serving size: 1 ml (0.03 fl oz) servings per container: 30 1/2-1 dropper per day, with a meal.



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For educational purposes only. Consult your physician for any health problems.